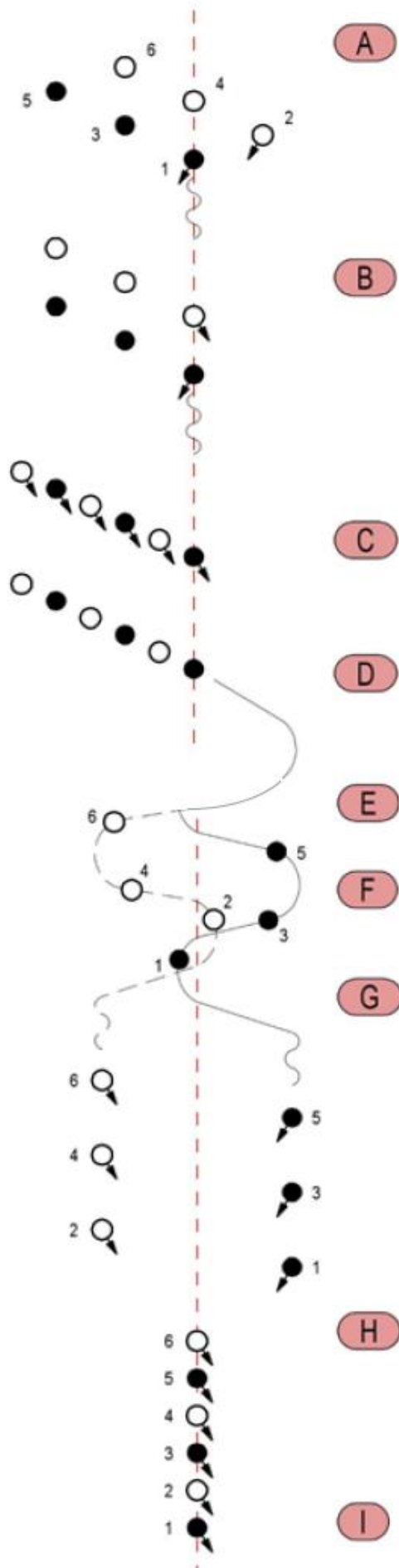


# Pflichtfigur 7. Formations-EM Samnaun 2023



## A: Starting line-up

2 groups of three diagonally staggered one above the other  
- all 1st swing to the right

→ ● Count continuously from 1 to 18 → **18 short turns (ST)** to „D“

→ ○ starts counting again from 1 at each changeover

## B: 1st change

● ST

→ ○ on 5th ST change to diagonal on top of each other  
(on 7th ST of ● insert opposite)

## C: 2nd change

● ST

→ ○ on 6th ST change forward to diagonal  
(insert synchronously on 14th ST of ●)

## D:

→ ● after 18th ST change to serpentine to the left

→ ○ after 5th ST change to serpentine to the left

## E:

→ on central axis **separate** to two serpentine

## F:

1 x „gear wheel“

## G:

→ After **changing** the “gear wheel” to the outside → **synchronous ST**

(3+4 insert on 3rd ST, 5+6 on 5th ST of 1+2)

- 1+2: → 7 ST

- 3+4: → 5 ST

- 5+6: → 3 ST

## H: Ending

→ everyone changes simultaneously on the centre axis → **synchrony ST**

○ set in synchrony on 2<sup>nd</sup> ST from ●

## I: Stop

● bei 5th ST → Stop

○ bei 4th ST → Stop